## Instructions for full body wash using HiBiScrub® 40 mg/ml

It is important that the entire body is washed each time. Follow the nursing staff's washing instructions. Ask for assistance if you are unable to reach all parts of your body.



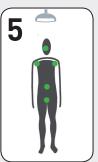
Shower until your entire body is wet and turn the water off.



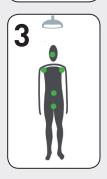
Rinse off all of the soap.



Wash your hair using HiBiScrub. Avoid getting any solution/lather in your eyes or ears.



Repeat stages 2 to 4. You have now had a 'double shower'.



Pour a little HiBiScrub into your hand or onto a fresh wet sponge, and carefully rub soap over your entire body. Start at the top and work your way down. Wash the following areas especially carefully:

A – around your nose and mouth

B – armpits

C – navel

D - genitals and groins



Dry yourself off with a clean towel. Start at the top and work your way down. Put on clean clothes and make sure that the bed has clean bedclothes.



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HIBISCRUB

Active ingredient: Chlorhexidine.

Form of medicament: Solution for skin disinfection 40 mg/ml (pale yellow).

Contents: Active ingredient: Chlorhexidine digluconate 40 mg/ml. Other ingredients: Poloxamers, lauryldimethylamine oxide, isopropyl alcohol, d-gluconolactone, glycerol, macrogol glycerol cocoate, purified water.

Mode of action: HiBiScrub is an antiseptic skin cleanser, which means that it kills or checks the growth of many bacteria and fungi, helping to prevent wound infections.

Area of application: HiBiScrub is used to disinfect the skin and helps to prevent wound infections. Sustained effects can be achieved by repeated washing.

Please note: HiBiScrub is intended for external use only and for use on the skin. Avoid getting the solution in your eyes or ears. See the bottle's label for more information.

Dosage: Wash hair with approximately 10 ml HiBiSCRUB

Wash the rest of the body with approximately 15 ml HiBiSCRUB. Avoid contact with eyes and ear canals. The amount of HiBiScrub needed may vary between people, on account of body size and hair volume. We therefore recommend at least 25 ml in total for each hair and body wash (i.e. 50 ml per double shower).



